Animal Week



**YELLOW SLIDE CIRCUIT**

Climb up the mountain

Slide down the river

Spiderwalk

Kangaroo Jumps 3x

Frog jumps in hoops

Tabletop

Climb like a monkey

‘Armadillo’ roll

**PARENT/TOT CIRCUIT**

Bar-pike with roses

Lever Touches

Spiderwalk

Jump

TaDa

Cartwheel\*\*\*

Beam-swap ball b/t buckets

‘Armadillo’ roll

**PARENT/TOT CIRCUIT**

Donkey kicks

Climb through cave

‘armadillo’ roll

Go Fishing!

Cat Walk up beam

Jump TaDa

Climb up ladder

Superman/Mermaid Hold

Walk on stones

**TUMBLE TRAK CIRCUIT**

Pike roll-giraffe’s long les

Opossum hang- hands and feet around bar sideways

Bunny hops zigzag over beam

Frog jumps on mat

Spiderwalk

Starfish jumps (F & B))

OR Seat drops

**SMALL BEAMS**

Grasshoppers

Bearwalks

Cat walks

Releve-giraffe

Stick landing on red mat!

**RED SLIDE CIRCUIT**

Up the slide

Down the stairs

Rings-upside down like a bat

Flamingos on beam

Lion crawl up beams

Around the island

Down the stairs

Spiderwalk

Grasshoppers

Walk feet up pole

Climb up stairs

Hang/swing and drop

Flamingos on beam

Backwards armadillo roll\*\*\*

**AGAINST THE WALL**

Monkey Bars

TaDa

Grasshoppers

TaDa

Front Support OR Pullover\*\*\*

BSR

Tickles all the red spots

Through the cave

Forward pike roll

Through tunnels

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